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**احياء علوم الدين
للامام الغرالي**

Revival Circle :: Ihya Ulum al-Din
The Book of Spiritual Routines

Book 12.1.2 :: Lesson 39
The Benefits and Harms of Marriage


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SeekersGuidance Canada 2021

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The Benefits of Marriage

1. Children
2. Protecting oneself from desires
3. Bringing cheer and intimacy to the soul
through companionship
4. Freeing the heart through division of labor
5. Working on the Ego by fulfilling the rights
of one's spouse

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Procreation is an Act of Worship

1. Seeking Allah's love by preserving humanity
2. Seeking love of the Prophet ﷺ by increasing his Ummah
3. Leaving righteous progeny to pray for one
4. Seeking a child's intercession if they die before one

The Potential Harms of Marriage

1. The struggle/inability to earn a lawful living
2. Not fulfilling the rights of one's spouse
3. When family distracts one from Allah
