

The Quest for Piety Beneficial Counsels on Ramadan

Lesson Four.

Fasting and Guarding the Tongue

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Guarding the Tongue

مَنْ كَانَ يُؤْمِنُ بِاللَّهِ وَالْيَوْمِ الْآخِرِ فَلْيَقُلْ خَيْرًا أَوْ لِيَصْمُتْ

“Whoever believes in Allah and the
Last Day should speak what is good or
remain silent.” [Bukhari]

2

Important Points

One. The tongue is the interpreter of the heart

Two. The rest of the limbs respond to the tongue

Three. It is a means of our rectification and forgiveness

3

4

Guarding the Tongue

يَا أَيُّهَا الَّذِينَ ءَامَنُوا اتَّقُوا اللَّهَ وَفُولُوا قَوْلًا سَدِيدًا ﴿٧٠﴾

“O believers! Be mindful of Allah,
and say what is right.”

[Quran 33:70]

5

Guarding the Tongue

مُصِيبَ لَكُمْ ءَمْسَ لَكُمْ وَيَغْفِرَ لَكُمْ ءُؤُوبِكُمْ ءَمِّنْ يُطِيعَ ءَلَّهُ ءَرْسُولَهُ ءَقْدَ قَارَ ءُؤُؤَا ءَعِظِيمًا ﴿٧١﴾

“He will bless your deeds for you, and forgive
your sins. And whoever obeys Allah and His
Messenger, has truly achieved a great triumph.”

[Quran 33:71]